



STAYING *well* MEANS STAYING *well-informed*

ANNUAL REPORT 2017



Nhan,
AGE 18



A letter from our **EXECUTIVE DIRECTOR**



Thank you for making a difference in the lives of the young people in our community. Thank you for standing up for access to confidential reproductive health care and adolescent mental health services. For over 46 years, we've helped people triumph and overcome adversity, grow stronger, and learn to make the best possible choices with their own health. Each year brings new challenges to myHealth for Teens & Young Adults, and this year was no different.

The year began with a tumultuous change in the federal landscape. Conservative agenda items included defunding Title X family planning programs, reducing access to comprehensive sex education programming in favor of abstinence only education, elimination of the Affordable Care Act, and a federal tax restructure reducing the benefits of charitable giving, to name a few. Locally, we have seen reductions in funding for adolescent health and education efforts. Nonprofits are competing for fewer and smaller private funding opportunities.

While myHealth continues to make a significant impact in reducing teen pregnancy, our clients still face many challenges. Sexually transmitted infections are on the rise, and health disparities persist among the youth we serve. Learning to navigate healthy relationships, obtaining support to ensure overall health, including sexual health, and addressing the emotional and social aspects of a young person are all components to developing a healthy future.

With your help, we will continue to connect people to the resources they need to build strong and positive lives. myHealth provides access to care and education to empower young people to make positive decisions, and the means to obtain all of the support they need to be successful. As a community safety-net clinic, providing care to low-income or uninsured families, we are thankful for your support. Your support allows us to continue to provide care free to those who need it most.

With gratitude,
GERILYN HAUSBACK
EXECUTIVE DIRECTOR



myHealth's MISSION

myHealth for Teens & Young Adults takes a holistic approach to health, tailored to the medical, emotional and social needs of young people. Our focus is exclusively on health and education for young people and the families, educators and community organizations that support them. Together, we strive to consistently provide complete and accurate health information to support all young people in making responsible and well-informed decisions about their health.

myHealth is a 501c3 not for profit organization. We serve clients ages 12-26 and take all forms of insurance. Fees are charged on a sliding scale for clients who are uninsured, and no client is ever turned away for inability to pay for services. myHealth relies on grants, government support and the generous donations of our supporters.

IN ORDER TO PURSUE
THE THINGS I LOVE, I NEED TO
KEEP MY BODY HEALTHY!

Greta,
AGE 18



This past year **AT MYHEALTH..**

**18,000 PEOPLE
BENEFITED**



**4,100 VISITS WERE MADE BY
YOUNG PEOPLE**

350 HOME VISITS
TO PREGNANT & PARENTING TEENS



OVER **600 PRESENTATIONS** WERE GIVEN

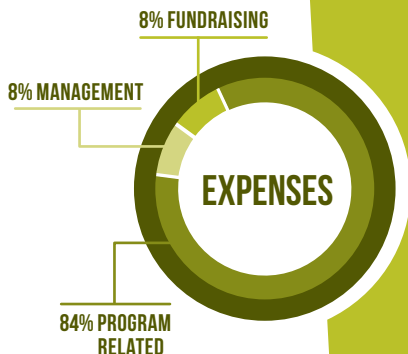
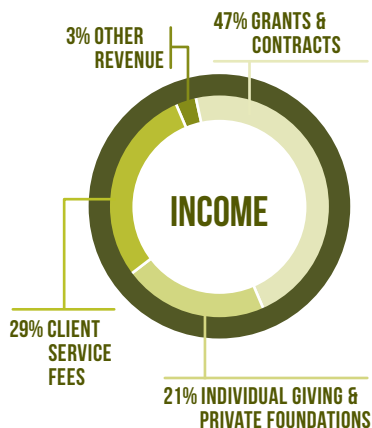
AT MORE THAN **100 LOCATIONS**

WITHIN **20 SCHOOL DISTRICTS**, REACHING

OVER **12,000 TEENS & 2,000 ADULTS**



Highlights of our 2017 FINANCIALS



*Information includes
unaudited financial results for
the year ending 12/31/17.*



**I'M AN ATHLETE, SO I HAVE TO
STAY HEALTHY & IN SHAPE TO
LIVE A QUALITY LIFE.**

Zeke,
AGE 18



MYHEALTH STAFF: GERILYN HAUSBACK, EXECUTIVE DIRECTOR • CONNIE ROBERTSON, DIRECTOR OF CLINICAL SERVICES • MEGAN LICHTY, DIRECTOR OF ADMINISTRATION AND OPERATIONS • LISA FIRTH, BECOMING PROGRAM MANAGER • KELSEY SCHULTZ, COMMUNITY EDUCATION MANAGER • KELLY HEAGLE, MENTAL HEALTH PROGRAM MANAGER • ALL OF OUR STAFF MEMBERS HAVE SPECIALIZED TRAINING AND EXPERTISE IN WORKING WITH TEENS AND YOUNG ADULTS

MYHEALTH BOARD MEMBERS: DANICA GOSHERT, CHAIR • LYNN HARGREAVES, VICE CHAIR • MARTINA MALEK, TREASURER • ROBYN BROWNING, SECRETARY • REBECCA REED-FARHA • CHRISTOPHER ORR • COURTNEY GERBER • KELLY HOG Lund • LESLIE KRUEGER • KIRI SOMERMAYER • ADAM ARNOLD • JESSICA KELLEY

A word from the **MYHEALTH BOARD**

myHealth is an organization looking to serve one of our most vulnerable groups in our community: our youth. Through education, clinics, and counseling we provide health services and information to help our teens and young adults make responsible and well-informed decisions. We believe that access to information as well as sensitive, comprehensive services designed for youth provided in an atmosphere of trust, support and acceptance, promotes responsibility, and reduces risky behavior. The end result is a happier young adult long term. We believe in our future, our youth, and myHealth is committed to helping them weather the storms and sunny days ahead.

In order to meet our mission and provide services in our community, we rely on the generosity of individuals and businesses for support. Without the assistance of community-minded individuals just like you, we wouldn't be able to serve those in our community who need our help the most. During the coming year, we hope you will keep myHealth in mind as one of your charitable recipients!

**THE BOARD OF DIRECTORS,
MYHEALTH FOR TEENS & YOUNG ADULTS**



15 EIGHTH AVE SOUTH
HOPKINS, MN 55343

952-474-3251

MYHEALTHMN.ORG

