

How much will I be paying for my services today?

Costs vary depending on the services you need. The type of healthcare you are seeking and the insurance you have also impact your ability to keep your services confidential.

Regardless of whether you have insurance, myHealth will provide you affordable services. myHealth can help you sign up for the **Minnesota Family Planning Program** (MFPP), a free and confidential state insurance program for birth control or STI care. If you cannot apply for insurance, myHealth uses a **sliding fee scale** that lets you pay what you can for services. The following charts display the insurances we accept and the costs associated with them.

More questions?

Feel free to ask our staff with any questions or check out our insurance and payment FAQs section on our website!



Or contact us at

 (952) 474-3251

 @myhealthmn

 www.myhealthmn.org

No one is turned away for an inability to pay!

Insurance & Payment Information



Created by the 2021-2022
myHealth Youth Advisory Board

General Health Care

General health care includes vaccines, wellness physicals, asthma, sports physicals, etc

Aetna	HealthPartners MA
Bind Benefits	Hennepin Health
Blue Advantage	Medical Assistance (MA)
Blue Cross Blue Shield	MinnesotaCare
Blue Plus	UCare
Cigna	UMR
	United Healthcare

Usually covers care received at myHealth.

HealthPartners

Only covers birth control and STI care, counseling, and COVID-19 tests. If you need other services, you can use the sliding fee scale or find a HealthPartners clinic that takes your insurance.

PreferredOne

Usually covers care received at myHealth. Does NOT cover medication distributed at myHealth. Many of those meds can still be given to you for less or for free.

Note on Confidentiality:

General health care can only be confidential for people over 18 and emancipated minors.

Reproductive Health Care

Annual exams for reproductive health, birth control, emergency contraceptives, STI testing, and STI treatment.

CONFIDENTIAL coverage

**Medical Assistance
MA with an MCO*
HealthPartners MA
Blue Plus
Minnesota Care
MFPP**

NOT CONFIDENTIAL coverage

**Aetna
Blue Cross Blue Shield
Blue Advantage
Cigna
HealthPartners
Medica
PreferredOne
United Healthcare
Bind Benefits
UMR**

For confidential care, use the sliding fee scale or determine eligibility to apply for MFPP.

PreferredOne

Note: Covers everything but medications dispensed at myHealth, many of which can be given out for less or for free.

*MCO stands for Managed Care Organization, a company that manages a state health care plan.

Sliding Fee Scale

You will be quoted a base price and be asked to pay as much or as little as you feel is best. If that is nothing, that is okay. myHealth accepts cash, card, or Venmo.

Birth Control Pills: **\$0**
NuvaRings: **\$0**
Liletta IUD: **\$100**
+ Procedure Cost: **\$75**
Depo Shot: **\$0**
STI Treatment: **\$0**
Morning After pill (ECP): **\$0**
PrEP HIV Prevention: **\$0**
Asthma Medication: **\$0**
Epi Pens: **\$0**
Antibiotics: **\$0**
Vaccines: **\$0**
Nurse Visit: **\$35**
Provider Visit: **\$50**
Annual Exam/PAP: **\$65**
Sports Physical: **\$35**
Lab Test: **\$15**
Mental Health Diagnostic
Assessment: **\$125**
Individual or Family
Therapy Session (50 min): **\$80**

Thanks to generous grants and donations, myHealth is able to provide therapy at reduced rates. When you enroll in therapy, our billing specialist will help establish your ability to pay and adjust your financial responsibility as much as we can based on our current funding.

MFPP Insurance

The Minnesota Family Planning Program (MFPP) is a free and confidential state insurance program to help people with reproductive healthcare like birth control and STI testing. If you fit the income limits, you can get free insurance that covers visits at myHealth and most places that access MN state insurance. To talk to an assister, call myHealth at 952-474-3251.

MNsured assisters at myHealth are available to help clients outside MFPP's narrow income limits or clients who wish to apply for insurance that covers a wider variety of services. Just ask!

Application and Documents

To apply, submit the following documents. These must all be submitted within two weeks of the initial MFPP application:

- Photo ID
- Birth Certificate or Passport
- Social Security Number
- Proof of Income (if applicable)

Coverage

Filling out MFPP paperwork grants you **presumptive eligibility**, which means your care will be covered immediately!

PrEP and LARCs

PrEP HIV Prevention

PrEP cannot be billed to insurance confidentially. If you are concerned about cost, **Truvada is available for free at myHealth**, and there are patient assistance programs for other options.

The Gilead Advancing Access Co-pay Coupon Card helps people **with** insurance pay for PrEP.

The Gilead Advancing Access Patient Assistance Program helps people **without** insurance pay for PrEP. To apply, clients need to provide household income information, their social security number, and parental consent if the client is a minor (under 18).

Long Action Reversible Contraception

IUDs & Nexplanons are typically too expensive to offer on a sliding fee scale. This means you have to have insurance that covers your care.

myhealth buys IUDs at a reduced rate. If you do not have insurance and cannot apply for insurance, IUDs are available for \$100 from myHealth.

We are always here to work with you to make sure your needs are met!



Insurance Information